



ACHILLES TENDINOPATHY MASTER'S COURSE

ABOUT OUR SPEAKERS

Richard T. Bouche, DPM

Dr. Bouche is a board-certified podiatric surgeon. He received his medical degree from the Illinois College of Podiatric Medicine in Chicago, and completed a residency in foot and ankle in Seattle. He is a fellow and past president of the American Academy of Podiatric Sports Medicine, a member of the American Podiatric Medical Association, the Washington State Podiatric Medical Association, the American College of Sports Medicine, and the Prescription Footwear Association.

His special interests include lower extremity sports medicine; complex foot and ankle disorders; foot and ankle reconstructive surgery; exercise-induced leg pain; posterior heel disorders; and first MTPJ arthrodesis and lesser MTPJ instability. He is a podiatric advisor to the Northwest Podiatric Education and Research Foundation and a sports medicine editor for the Journal of Foot and Ankle Surgery.

Nicola Maffulli, MD, MS, PhD, FRCS (Orth)

Professor Nicola Maffulli is widely recognised as one of the world's most eminent Consultant Orthopaedic and Sports Injury Surgeons. He is responsible for pioneering revolutionary new procedures and techniques in foot and ankle surgery, and he is responsible for fixing some of the UK's top sportsmen and women, including Premiership football players as well as Track and field Athletes and international rugby players.

Apart from being one of the world's top surgeons and lecturers in this field, Professor Maffulli has published well over 500 peer-reviewed articles in scientific journals. In addition, he has published nine books on Orthopaedic Surgery and in Sports Medicine. Professor Maffulli has particular scientific interest in physiopathology of tendon injuries. Due to these extra-curricular activities and the heavy clinical workload, that has characterised his career thus far, the Prof has developed subspecialty interests and focuses in the following areas: Foot and ankle surgery, Sports trauma, Deformity correction and Complex trauma, knee and ankle arthroscopy, minimally invasive surgery of the knee and foot and ankle.

Professor Maffulli is now Centre Lead and Professor of Sports and Exercise Medicine at Queen Mary University of London, Barts and The London School of Medicine and Dentistry, Centre for Sports and Exercise Medicine, and Consultant Trauma and Orthopaedic Surgeon at Mile End Hospital, London, and Newham University Hospital, London.

Amol Saxena, DPM

Dr. Saxena's practice specializes in Sports Medicine and Foot & Ankle Surgery, incorporated into the Palo Alto Medical Foundations' multispecialty Sports Medicine group in 1993. Clinical & research interests include sports medicine/running injuries, chronic ankle pain (ankle osteochondral injuries), Achilles and Peroneal Tendons, stress fractures, midfoot injuries (Lisfranc's), revision surgery, flatfoot surgery and 1st MPJT arthritis. He is an international and nationally speaker and author, publishing in dozens of orthopedic journals and texts.

Dr. Saxena is the editor of "**International Advances in Foot and Ankle Surgery**" (Springer 2011), a unique text of internationally re-known podiatric, orthopedic and trauma surgeons with 45 chapters, and 68 authors. He serves on the editorial Board for Journal of Foot & Ankle Surgery and for Muscle, Ligament & Tendon (Italian). He serves as consulting Podiatrist for Nike Oregon Project, Bay Area Track Club, and local high school athletic teams. He has been director of Fellowship training at PAMF since 1999.

Dr. Saxena has currently treated and operated on dozens of Olympians from around the world (including Gold Medalists and world record holders), and Olympic Trials qualifiers, numerous professional athletes including from the Nike Oregon Project, Golden State Warriors and San Jose Earthquakes, and many top area high school athletic scholarship winners. Dr. Saxena is board certified/Re-certified in Foot and Reconstructive Rearfoot/ Ankle Surgery (American Board of Podiatric Surgery), Fellow American College of Foot & Ankle Surgeons, American Academy Podiatric Sports Medicine (which he was presented the Barnes Award for outstanding research in 2011) , and serves as section Chief at Stanford University Hospital.